



अंग्रेजी एवं विदेशी भाषा विश्वविद्यालय

हैदराबाद - ५०० ००७

THE ENGLISH AND FOREIGN LANGUAGES UNIVERSITY  
HYDERABAD – 500 007

No. EFLU/Admn./F. 184/2024/ 187

22 May, 2024

CIRCULAR

Sub: Tele Mental Health Assistance and Networking Across States (Tele MANAS)  
– Health care services for free of cost, an initiative of Ministry of Education, New  
Delhi – Reg.

Ref: DO letter dated 14.03.2024 from the Secretary, Department of Health &  
Family Welfare, New Delhi.

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The Ministry of Health & Family Welfare launched a landmark initiative of Tele Mental Health Assistance and Networking Across States (Tele MANAS) on 10<sup>th</sup> October, 2022 on the occasion of World Mental Health Day, which will provide free Tele-mental health services all over the country round the clock, particularly catering to people in remote or under-served areas.

A toll-free, 24\*7 helpline number 14416 or 1800-891-4416 has been set up to meet the needs of health care services free of cost.

All the students, members of faculty and staff, who are currently on rolls of the University are informed about the facility for support and help in case of need.

  
REGISTRAR I/c

To  
All Notice Boards.

- Copy to:
1. The Dean, Academics
  2. The Proctor
  3. The Director, Regional Campus, Shillong
  4. The Director, Regional Campus, Lucknow
  5. The Nodal Officer for maintenance of the University website – *with a request to arrange to upload the circular to the University website.*
  6. All the Deans
  7. Dean, Students' Welfare
  8. The Dean, CPD
  9. All the Heads of the Departments/Sections/Units
  10. OSD to the Vice Chancellor
  11. The Controller of Examinations I/c
  12. The Finance Officer I/c
  13. The Joint Registrar (Admn.)
  14. The PS to the Vice Chancellor
  15. The PA to the Registrar
  16. Consultants (Counselor), Counseling Centre
  17. All NTS through notice boards
  18. Office Order File
  19. The File concerned